

## What Can I Say?

It is imperative for a believer to know the importance of speech.

God created Man on an altogether different level than those in the animal Kingdom, when He created Man as a living soul (or: a speaking spirit, as many Hebrew scholars claim this verse could be translated). Genesis 2:7 And the LORD God formed man of the dust of the ground, and breathed into his nostrils the breath of life; and man became a living soul.

The ability of speech can either connect you in fellowship with God as your Father, or conquer circumstances and demons as God commanded Adam in the Garden of Eden.

In the same way that God has the ability to create with His words, He has given us the privilege, power and responsibility to create and conquer with our words.

Perhaps we are not creating worlds, stars and planets with our words, but we are certainly creating and framing our own worlds with the words that we speak.

### Framing your world with the words you speak

Notice what the Bible says about the words we speak in Mark 11:23

For verily I say unto you, That whosoever shall say unto this mountain, Be thou removed, and be thou cast into the sea; and shall not doubt in his heart, but shall believe that those things which he saith shall come to pass; he shall have whatsoever he saith.

Here the Bible tells us that we can have what we say. The problem is that we are having what we have been saying.

If you don't like what you have, it is not God's fault. It simply means that you must change what you have been saying. Over time you will see that your circumstances and environment will change, because of what you say.

Proverbs 18:21 Death and life [are] in the power of the tongue: and they that love it shall eat the fruit thereof.

Notice that Jesus said "those things which you say". It is not what you say once or twice or on a Sunday in church that will work for you. It is "those things which you are saying" or the sum of what you are saying that will cause you to be an effective believer.

### Your Confession

The sum of what say is called your confession or profession. Most believers are somewhat familiar with the confession of sin. When you confess your sin to the Lord, you are owning up to something by acknowledging that what you did was wrong. This is certainly one type of confession.

There is, however, another type of confession, which means to take ownership of a truth by the words that you speak.

When you confess that you are saved, because you have accepted Jesus as your Lord, you are taking ownership of your salvation. When you confess that you are healed, based on the stripes that were placed on Jesus, you are taking hold of healing in your life.

### Naming it and Claiming it

Some people might say "I don't believe in "naming it and claiming it". You may not be aware of it, but you are always involved in "naming it and claiming it". Have you ever said "I have to nurse my cold" or "my arthritis is just killing me"? You have just named and claimed what you deem is yours. In order to go

from sickness to health, you need to confess that God's healing plan belongs to you and that the life of God is flowing through you.

The Lord told me at one time, that if I would quit praying about what He has already done for me and begin to boldly confess it, the Word of God would work for me. I have certainly found that to be true. There is nothing wrong with praying for strength, but the Bible does say to let the weak say, I am strong (Joel 3:10). Instead of always praying "Lord, be with me", you can confess boldly that He never leaves you, nor forsakes you (Hebrews 13:5)

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